The Honest Home Front: Programme

09:00



09:00-10:00

SUNNY SIDE UP

Mon, Tue, Wed, Thu, Fri

An hour of music to start the day every weekday, presented by a range of DJs across the Honest team

10:00



10:00-11:00

WELLNESS

Tue, Thu

Live streamed video classes to stay on top of your mental and physical health yoga, HIIT & more

11:00



11:00-12:00

HONEST CONVERSATIONS

Wed, Fri

Hosted by Daniel Davis and Chanel Allen, join this phone-in and share your #MyCorona journey

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12:00

13:00



13:00-14:00

KNIFE SKILLS & LIFE SKILLS

Honest College remixed for self isolation - weekly hits of learning. Get in touch to host a session.

14:00



14:00-15:00

THE FINEST HOUR

A weekly magazine show focusing on the Honest team, presented by Jonny Mckay and Ellis Deaves (@)

15:00



15:00-16:00

WELLNESS

Mon, Wed, Thu

Live streamed video classes to stay on top of your mental and physical health yoga, HIIT & more

16:00

17:00

18:00

19:00



19:00-20:00

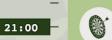
STATE OF THE NATION

Fri

A weekly check-in with our exec team, digesting the latest news and its impact on Honest life



20:00



20:00-22:00

THE HONEST PUB

Mon, Tue, Wed, Thu, Fri

A free-for-all hangout host a pub quiz, bingo night or whatever you want and invite the team to party

22:00